

**FOR IMMEDIATE RELEASE**

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**Fred Zimmer Worksite Wellness Memorial Scholarship  
Offers \$1,000 Award to Deserving College Student**

Troy, MI—November 19, 2014— The Fred Zimmer Worksite Wellness Memorial Scholarship was established by the Michigan Wellness Council to honor a deserving student who is pursuing a Baccalaureate degree in field of Health Promotion and Wellness at an approved Michigan postsecondary institution. The Scholarship is awarded annually and each recipient may only win once.

Minimum criteria to submit an application for this prestigious award include:

**Criteria Checklist:**

- Minimum 3.0 GPA
- Must be a Junior or Senior in an approved program through an accredited college or university.
- Have plans to utilize their degree in a worksite setting.
- Provide a 200 to 300 word essay on how they can help shape lives using their degree in a worksite health setting.

**Application Materials:**

- Michigan Wellness Council Scholarship Checklist
- Two letters of reference
- 200 to 300 word essay on how you plan to shape lives using your degree in a worksite health setting
- Copy of your current college transcripts

**Process:**

- Applicants are to submit their application materials no later than February 1<sup>st</sup>, 2015.  
*Send three copies of your application to:*  
**Michigan Wellness Council  
2125 Butterfield, Ste. 100N  
Troy, MI 48084**
- The Michigan Wellness Council Scholarship Committee will review the material each applicant submitted.
- The Scholarship Committee will provide the top three candidates to the entire board for final selection.
- The Fred Zimmer Wellness Memorial Scholarship will be presented to the deserving student at the March 2015 Council Meeting. (Meeting information at [www.michiganwellnesscouncil.org](http://www.michiganwellnesscouncil.org))

Questions may be emailed to: [info@michiganwellnesscouncil.org](mailto:info@michiganwellnesscouncil.org)

*Fred Zimmer, LLP, LMSW was an active founding board member on the Michigan Wellness Council who gave tirelessly to the field of worksite wellness. He was a graduate of Michigan State and the Center for Humanistic Studies, now known as the Michigan School for Professional Psychology, with degrees in social work and psychology respectively. Michigan Wellness Council mission is to be the pioneer of wellness innovation for the employers and State with the vision to inspire successful integration of wellness best practices in the workplace through access to quality resources and forums.*