

# A COMPLETE WELLNESS PROGRAM CUSTOM-BUILT FOR YOUR COMPANY

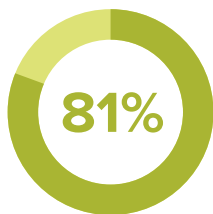


## Because Good Health Is Good Business

When your employees feel better, they're happier, more focused, and more productive—meaning they can do more for your company and your bottom line. Helping your employees feel better isn't just a good thing to do, it's a smart business decision.



OnSite Wellness' powerful wellness platform offers a unique approach that makes it easy to create healthy habits that last, so your employees can become the best versions of themselves.



*OnSite Wellness participants that maintain their healthy habits*

## What's Different About OnSite Wellness?

**We are customizable and flexible.** When it comes to wellness, one-size-fits-all doesn't work. With OnSite Wellness, we help you design a completely custom wellness program that's just right for your company and your employees. Need to make a change on the fly? Not a problem. We can adjust your program in minutes.

**We are holistic and fresh.** We start with purpose and offer support for the whole person: emotional, occupational, social, financial, and physical well-being. With a growing list of over 300 activities and the ability to create custom activities, your employees will stay excited and motivated.

**We maximize engagement.** Your employees will love our gamified wellness challenges, meaningful incentives, integration with wearable devices, and easy-to-use website and mobile apps.

## What Does OnSite Wellness Include?

- ✔ **Creative challenges.** Choose from over 300 pre-built challenges or build your own.
- ✔ **Comprehensive Health Assessment.** Measure across the six key dimensions of well-being: emotional, occupational, social, financial, physical, and purpose.
- ✔ **Easy access.** Track results via the online portal, mobile app, text messaging, or wearable device.
- ✔ **Meaningful rewards.** Engage your team with customizable incentives, raffles, fitness gear, gift cards, and more.
- ✔ **Biometric screenings.** Deliver in-depth, personalized health analysis in a short amount of time with paperless HIPAA compliant screenings.
- ✔ **Wellness coaching.** Build trusting relationships with professional coaches to set goals, track, and offer constructive accountability.
- ✔ **Nicotine cessation.** Empower your people to kick the habit with incentives to quit smoking.
- ✔ **On-site time.** Maximize the impact of your wellness program with dedicated wellness professionals onsite.
- ✔ **Consulting.** Ensure wellness compliance, program design, effective communication, integration and more.



## Why Is Wellness With Purpose Important?

Everyone's path to wellness is unique—and so we enable your employees to chart their own course, whether they want to focus on nutrition, fitness, financial, or mental health. We believe that giving people control over their well-being empowers them to do truly great things.

As your employees take on new OnSite Wellness challenges, they'll start to see that small wins lead to big victories. And all victories lead to increased wellness, a healthier organization, and better business results.

**Contact us today to see what wellness with purpose can do for you!**